



St. George International School & Preschool

HEALTH QUESTIONNAIRE-DECLARATION
for the health status of the child participating in the Forest School
during the period of 10-13.03.2026

Please thoroughly complete the questionnaire below. This information will help us to provide timely and adequate aid to your child in the case of illness or injury.

Student:

Full

name:

Parent information:

Full

name:

Address:

Phone #:

e-mail:

Contact person (if different from parent):

Full

name:

Address:

.

Phone #:

e-mail:

The student's personal doctor information:

Name and

surname:



CAMBRIDGE
International Education

Cambridge International School

47 N. Vaptsarov Blvd., Lozenets, Sofia, Bulgaria
www.stgeorgeschool.eu





Phone #:

Does your child suffer from any of the following diseases established by medical diagnosis? If the answer is "Yes", please describe in the space provided.

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1. Chronic respiratory diseases

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2. Disturbances in the activity of the cardiovascular system

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3. Diseases of the cardiovascular system

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4. Diseases of the musculoskeletal system

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5. Hypertension

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6. Epilepsy or other seizure

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7. Diabetes

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8. Gastroenterological diseases

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9. Kidney disease

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10. Intolerance to medication and at what



.....
..

11. Chronic diseases

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Please indicate if your child suffers from any of the following allergies (Yes/No):

- To solar radiation
- To grass and trees (hay fever)
- To the cold.....
- To house dust
- To seawater
- To insect bites
- To food

Please

specify:

- To medicine

Please indicate

medicine.....

- Other

allergies:

In case of allergic shock:

Observed responses of the body:

.....
.

Medications and dosages:

.....
.

Has your child had any of the following injuries? If the answer is "Yes", please describe in the space provided.



Injuries leading to rupture of the knee, ankle, or shoulder ligaments.

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Injuries of the spine, chest, or collarbone

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Please indicate the medication your child takes if he has a fever.

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Please indicate the medication and dosage that your child is required to take daily by prescription:

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.....

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Please indicate if your child has a deviation from normal eyesight (Yes/No):

- Myopia

- Farsightedness

- Astigmatism

- Low vision in the dark

Do you feel your child is afraid of (Yes/No):

- Heights

- Enclosed or confined spaces

- Other

Please, describe:



Not completing this questionnaire may lead to your child being denied participation in the Forest School. The St. George International School management reserves the right to refuse enrollment of a student with a complicated health status.

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All data provided here will be used only as necessary information to ensure the safe participation of the children in the Forest School (10-13.03.2026). St. George International School declares that the information obtained by means of this questionnaire will not be disclosed to third parties for any reason.

DECLARATION

The undersigned

With date of birth

declare that I have provided accurate information in the questionnaire concerning the health status of my child.

Signature:.....

Date:



SAFETY INSTRUCTION AND CULTURE OF BEHAVIOUR ON STUDENT TRAVEL

I. GENERAL: 1. a) to obey the orders of the group leaders; b) to be appropriately dressed and equipped for the format and nature of the trip and its programme; c) to inform the group leaders immediately in case of health problems or accidents; d) to move in a group accompanied by a teacher; e) not to separate from the group on any occasion without the knowledge of the group leader; e) not to violate the announced order of access and stay in the respective tourist destination.

2. During the tourist trips the children/students are forbidden: a) to carry and use cigarettes, alcohol, drugs and other psychoactive substances; b) to engage in conflicts and self-discipline with the persons providing the respective tourist service, part of the trip, as well as with other persons external to the group; c) to carry weapons, as well as other objects that are a source of increased danger.

II. BEHAVIOUR IN THE VEHICLE. Children are prohibited from: 1. Standing up while moving, unless there is a necessity that should be brought to the attention of the group leader. 2. 3. Bumping when getting on and off.

III. BEHAVIOUR IN THE ACCOMMODATION. Children/students are prohibited from: 1. Walking across balconies from one room to another. 2. Making noise from 2 p.m. to 4 p.m. and 10 p.m. to 6 a.m. 3. 4. The use of flammable substances. 5. The use of cigarettes, alcohol, drugs, and other psychoactive substances.

IV. SPECIFIC REQUIREMENTS

a) Participants need to be clinically healthy, not in contact with the contagiously ill, and their condition must allow training and outdoor residence;

b) Parents are obliged to inform the management and teachers of the St. George International School, who will accompany the children, about the health condition of the children and certain peculiarities of their behaviour. Parents are obliged to leave contact telephone numbers.

c) Parents are advised to provide equipment suitable for the season.

All participants must be reminded of the requirements and rules of safety in the mountains by the instructors/mountain guides/mountain rescuer at the first organizational meeting, immediately after arrival. The leader from the training establishment has the duty and responsibility to ensure that the requirements and safety rules are observed. In the event of an accident, all necessary action, including life-saving, is to be taken immediately by the posted leaders from the educational establishment, the Ambulance Service, the Director of St George's CSU and parents are to be notified.

V. PROGRAM

Route. Sofia - Borovets on 10-13.03.2026.

Period of accommodation: 10-13.03.2026.

Meals: hotel "Ela" 4*, on full board basis

Type of transport used: bus, provided by the company DISI BUS EOOD



DECLARATION

From.....
.....,parent/guardian
of.....
EIN:....., from class.

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I am aware of the conditions of the trip to Borovets and back (10 - 13.03.2026). The safety and behavioral instructions for children during school trips, I accept them and agree/ consent to my son/daughter participating in the trip to Borovets and back, hotel "Ela" 4*, on a full board basis, for the period 05.03.2024 - 08.03.2024. I certify that as of the start date of service, my child is healthy and does not have any decompensated chronic illnesses or allergies, has not been exposed to any contagious diseases, has not contacted any contagious diseases, is at least three years of age, and can participate in the program and day trips. I declare that in case of fever higher than 37.3°C and/or flu-like symptoms, a consultation with a personal physician will be carried out and the use of services will be suspended until the situation is clarified. I declare that I will notify the group leader in writing if my child has any chronic medical conditions - food or drug allergies, diabetes, epileptic seizures, etc.

I give my consent for my child to take part in skiing / snowboarding training and activities conducted by Hunters Ski School Borovets ("SKI PROPERTY MANAGEMENT" Ltd., EIC 175230991) in the period 10-13.03.2026.

I agree with the conditions and activities organised by Hunters Ski School Borovets. I understand that St. George International School is not responsible in any manner for the activities and training conducted by Hunters Ski School Borovets ("SKI PROPERTY MANAGEMENT" Ltd.). I declare that I am aware of the conditions of the ski lessons and the practice of the ski school to publish photos and videos of the learning process on the Internet and ☐ I give ☐ I do not give my consent for the photos of my child illustrating his/her participation in the ski lessons to be published on the website and the profile of the ski school on social networks.

By signing this, I declare that I understand that St. George International School is not responsible for my child's participation in ski/snowboard activities that involve certain risks, including the risk of any personal injury (including bone fractures and breaks, bruises, abrasions, etc.) or other consequences due to slips, trips, falls, collisions, etc.

St. George International School is not responsible for any damages, missing, loss or damage caused to the ski equipment - either the student's own or rented equipment. The parent/guardian is obliged to pay the respective ski school compensation in case of loss and/or damage of the sports equipment provided to his/her child.

Date:

Declarant:



EXPLICIT CONSENT FROM PARENT/GUARDIAN

Page | 8 I, the undersigned.....(name), as parent/guardian, acknowledge thatID:, (child's three names and ID number/date of birth) is under the age of 16 years and hereby declare that I give my EXPLICIT CONSENT on his/her (the child's) behalf to the administrators St George International School to process his/her (the child's) and my personal data for the purpose of the children's school trip. I have been informed that the categories of personal data that will be processed on the basis of my consent are my full name, my son's (daughter's) full name, SSN or date of birth, information about specific illnesses or allergies, contact telephone number. I am informed that my child's personal data is processed for the purpose of travel insurance, hotel accommodation and the provision of transfers. Access to personal data will be granted to the employees of St. George International School, the insurance company Euroins AD, the transport company DISI BUS EOOD, the hotel Ela and "SKI PROPERTY MANAGEMENT" LTD and their subcontractors. The signed Declarations and Consents will be kept in the administration of St. George International School. The data provided will be kept for the statutory period of the provision of the service, after which it will be destroyed. In the event of an insured event or legal interest - the data will be retained until the event/proceeding is concluded. I am aware of my rights as a data subject, namely: Access to my personal data; Rectification (if the data is inaccurate) ; Erasure (right to be forgotten); Restriction of processing; Portability of personal data between controllers; Objection to the processing of my personal data; Complaint to a supervisory authority; Not to be subject to a decision based solely on automated processing, including profiling, which produces legal effects concerning me as a data subject or similarly significantly affects me; Protection by judicial or administrative proceedings in the event that my rights as a data subject have been infringed - <https://www.cdpd.bg/>.

DATE:

PARENT/ GUARDIAN