



St. George's School

Menu 18th - 22nd August

3-6 year olds

Date	Breakfast	Snack	Soup	Main meal	Dessert	Afternoon breakfast
18.08.2025	Cous-cous with butter and white cheese/ Tea	Apple	Cauliflower cream soup/ Croutons	Moussaka with minced meat 100%/ Salad with cucumbers/ Zucchini gratin	Vanilla cream	Pancake with strawberry jam/ Fruit smoothie/ Fruit
19.08.2025	Grilled sandwich with yellow cheese and cucumber/ Tea	Pear	Bean soup	Oven baked pork with white rice/ Parsley patties with yoghurt sauce	Fruit salad	Caramel apple pie/ Milk/ Fruits
20.08.2025	Baked doughnuts/ Yoghurt drink	Banana	Vegetable soup with meatballs/ Vegetable soup	Lentils stew	Watermelon	Fruit tart / Iced tea/ Fruits
21.08.2025	Fruit muesli with yoghurt	Melon	Creamy roasted red pepper soup with cheese/ Croutons	Pan seared salmon with a side of vegetables stewed in butter	Chocolate mousse	Muffin with Philadelphia and blueberries/ Iced tea/ Fruits
22.08.2025	Sandwich with butter and jam/ Milk	Peach	Minestrone	Pasta Bolognese with 100% mined meat/ Pasta with tomato sauce , mozzarella and arugula	Ice cream	Grilled sandwich with pork fillet, yellow cheese and cucumber/ Yoghurt drink/ Fruits