



St. George Preschool
Menu 18th - 22nd August
2-3 year olds

Date	Breakfast	Snack	Soup	Main meal	Dessert	Afternoon breakfast
18.08.2025	Cous-cous with butter and white cheese/ Tea	Apple	Cauliflower cream soup/ Croutons	Moussaka with minced meat 100%/ Salad with cucumbers/ <i>Zucchini gratin</i>	Vanilla cream	Pancake with blueberry jam/ Fruit smoothie/ Fruit
19.08.2025	Grilled sandwich with yellow cheese and cucumber/ Tea	Pear	Bean soup	Oven baked pork with white rice/ <i>Parsley patties with yoghurt sauce</i>	Fruit salad	Caramel apple pie/ Milk/ Fruits
20.08.2025	Baked doughnuts/ Yoghurt drink	Banana	Vegetable soup with meatballs/ <i>Vegetable soup</i>	<i>Lentils stew</i>	Watermelon	Fruit tart / Iced tea/ Fruits
21.08.2025	Fruit muesli with yoghurt	Melon	Creamy roasted red pepper soup with cheese/ Croutons	Pan seared salmon with a side of stewed vegetables in butter	Chocolate mousse	Muffin with Philadelphia and blueberries/ Iced tea/ Fruits
22.08.2025	Sandwich with butter and jam/ Milk	Peach	Minestrone	Pasta Bolognese with 100% mined meat/ Pasta with tomato sauce, mozzarella and arugula	Ice cream	Grilled sandwich with yellow cheese and cucumber/ Yoghurt drink/ Fruits