

Date	Breakfast	Snack	Salad	Soup	Lunch	Dessert	Afternoon snack
01.07.2025 z.	Ciabatta with "Philadelphia", turkey fillet, yellow cheese, tomato/ Tea	Watermelon	Tabbouleh/Caesar Salad	Soup balls/ Tarator	Vienna schnitzel with a side dish of steamed broccoli with butter/ Veal tas kebab with mashed potatoes/ <b>Rice with olives and tomatoes</b>	Chocolate cream	1. Chocolate pancake/ Fruit smoothie/ Fruit 2. Cornflakes with yogurt / Fruit
02.07.2025 z.	Banitsa with cheese/ Yoghurt drink	Nectarine	Salad with Chinese cabbage, apples and "Vinagret" sauce/ Kypoolu	Chicken soup/ <b>Nettle cream soup</b>	Pork steak with a side dish of stewed peas/ Turkey with vegetables/ <b>Potato stew</b>	Fruits	1. Hot mosaic sandwich/ Iced tea/ Fruit 2. Cornflakes with yogurt / Fruit
03.07.2025 z.	Rhodape breakfast with butter, cheese, savory, /grated boiled egg/ Tea	Vegetable sticks with lemon juice	Zucchini with milk sauce/ Tomato salad with a slice of cheese	Bean soup monastery style	Baked salmon with a side dish of steamed fresh potatoes with dill/Lemon risotto with tuna	Ice cream	1.Baked cheesecake/ Tea/ Fruit2. Cornflakes with yogurt / Fruit
04.07.2025 z.	Sandwich with butter, pork fillet, emmental, tomato/ Tea	Melon	"Snow White" Salad/ Green salad with avocado, cucumbers and cherry tomatoes	Boiled beef/ <b>Colorful garden soup</b>	Shepherd's pie/ Spaghetti with tomatoes, chicken fillet, mozzarella, yellow cheese/ <b>Spaghetti with four types of cheese and spinach</b>	Watermelon	1.Kozunak/ Iced tea/ Fruit 2. Cornflakes with yogurt / Fruit
07.07.2025 z.	Butter and cheese stars/ Tea	Apple	Tricolor salad/ Salad with pink tomatoes and olives	Fish, spinach and cream soup/ <b>Tarator</b>	Juicy braised beef with braised vegetables / Moussaka with minced meat 100% / <b>Mish-mash</b>	Dessert with fluffy strained yogurt cream and fresh strawberries	1.Freshly baked muffin with butter / fresh milk with cocoa / fruit 2. Cornflakes with yogurt / Fruit
08.07.2025 z.	Cornflakes with fresh milk	Nectarine	Shepherd's salad/ Lettuce, radishes and cucumbers	Vegetable soup with chicken/ Cream of red lentil soup/ Croutons	Rabbit casserole with cheese and cream/ Pork shank with a side dish of root vegetables/ <b>Lean liver stuffed with cheese</b>	Chia pudding with raspberries	1.Sandwich with butter and yellow cheese/cucumber/100% orange/fruit juice 2. Cornflakes with yogurt / Fruit
09.07.2025 z.	Combined breakfast /butter, ham, yellow cheese, jam, cucumber/tea	Banana	"Health" salad with carrots, radishes and pumpkin seeds/ Layered salad	Boiled turkey/ <b>Cream of zucchini soup/ croutons</b>	Wine kebab with mashed potatoes / Grilled chicken steak with baby carrots garnish / <b>Omelette with yellow cheese and cheeses in the oven</b>	Fruit ice cream	1.Brownies/fresh milk/fruit 2. Cornflakes with yogurt / Fruit
10.07.2025 z.	Sandwich with "Philadelphia", pork fillet, tomato/ Tea	Vegetable sticks with lemon juice	Iceberg salad with cucumbers/ Caprese salad	Cream of carrot, cauliflower and parmesan soup/Croutons	Breaded white fish with a side dish of steamed baby potatoes with rosemary/ grilled vegetables/ Farfalle with fish with tomato pesto and basil	Cocoa cream	1.Muffin/ iced tea/ fruit 2. Cornflakes with yogurt / Fruit
11.07.2025 z.	Banitsa with cheese/ Yoghurt drink	Watermelon	Shopska salad/Snow White salad	Aromatic chicken soup / Nettle cream soup / croutons	Chili Con Carne with minced beef/ Pizza with tomatoes, chicken fillet, mozzarella, yellow cheese/ <b>Pizza "Margherita"</b>	Fruit salad	1.Sandwich with avocado and cheese dip/ iced tea/ fruit 2. Cornflakes with yogurt / Fruit
14.07.2025 z.	Chocolate balls with fresh milk	Apple	Iceberg salad with radishes and cucumbers/ Tomato and olive salad	Turkey soup/ <b>Cream of roasted red pepper soup with cheese/ Croutons</b>	Stewed beef with sauce and a side dish of country potatoes/ Roasted pork knuckle with a side dish of beans with chutney/ <b>Roli with spinach, egg, cream cheese and a side dish of risotto</b>	Yogurt cream with chia and strawberries	1."Princess" Sandwich/Iced Tea/Fruit 2. Cornflakes with yogurt / Fruit
15.07.2025 z.	Cookies / fresh milk with cocoa	apricot	Harvest Salad/ Tabbouleh Salad	Soup balls/ <b>Milk soup with melted cheese</b>	Pork with cabbage/ Chicken fillets with sesame and cauliflower puree garnish/ <b>Breaded yellow cheese with stewed vegetables garnish</b>	Vanilla mousse with strawberries	1.Croissant with butter/ Fresh milk/ Fruit 2. Cornflakes with yogurt / Fruit
16.07.2025 z.	Warm sandwich with ham and yellow cheese/ Tea	Watermelon	Green salad with cucumbers and tomato/ <b>Katak</b>	Clear pork and noodle soup/ <b>Tomato soup</b>	Rabbit casserole with vegetables/ Tsarigradski style meatballs with mashed potatoes/ <b>Dobrudzha stew</b>	Chocolate ice cream	1.Dessert with dark chocolate, spelt, sour cream and blueberries/ Tea/ Fruit 2. Cornflakes with yogurt / Fruit
17.07.2025 z.	Slice of bread with cheese, butter and egg pate/ Tea	Vegetable sticks with lemon juice	Salad with apples, carrots and sunflower seeds/ Mixed salad	Lentil soup	Trout fillet with steamed fresh potatoes/ <b>Spaghetti with tomato sauce and basil with white fish</b>	Banana mousse	1.Muffin with carrots and goji berries / Yoghurt drink / Fruits 2. Cornflakes with yogurt / Fruit
18.07.2025 z.	Combined breakfast /butter, fillet, cheese, jam, cucumber/tea	Nectarine	Roasted Red Pepper Salad with Parsley / Spring Salad with Avocado, Tomatoes and Basil	Chicken soup with rice/ <b>Mixed vegetable soup with seasoning</b>	Slavic casserole with pork / Lasagna "Bolognese" with 100% minced veal / <b>Lasagna with spinach, ricotta and mozzarella</b>	Fruits	1.Yellow and cheese bread/ 100% orange fruit juice/fruits 2. Cornflakes with yogurt / Fruit
21.07.2025 z.	Couscous with butter and cheese/ Tea	Apple	Greek salad/ Bean salad with onion and parsley	Boiled beef / <b>Cream of broccoli soup/Croutons</b>	Rabbit meat with cabbage in the oven/ Minced meat schnitzel with a side dish of risotto/ Ratatouille	Fruit salad	1.Slice with avocado dip/ Fruit smoothie/ Fruit 2. Cornflakes with yogurt / Fruit
22.07.2025 z.	Buns/ ayran	Melan	Shepherd's salad/Kypoolu	Cream of fish soup/ <b>Tarator</b>	Chicken "Julienne" / Braised pork with mashed potatoes and carrots / <b>Shakshuka with onions and roasted peppers</b>	Fruits	1.Hot sandwich with yellow cheese/ iced tea/ fruit 2. Cornflakes with yogurt / Fruit
23.07.2025 z.	Banitsa with cheese/ Yoghurt drink	Banana	Zucchini with milk sauce/Beetroot and cabbage salad	Pork soup with vegetables/ <b>Potato cream soup</b>	Grilled chicken fillets with grilled vegetables / Chirpaniski style meatballs/ <b>Vegetable casserole</b>	Cream ice cream	1.Freshly baked muffin with chocolate/ 100% apple juice/ Fruit 2. Cornflakes with yogurt / Fruit
24.07.2025 z.	Ciabatta with "Philadelphia" chicken fillet, cucumber/ Tea	Vegetable sticks with lemon juice	Cucumber and olive salad/ Iceberg with cherry tomatoes	Bean soup	Paella with white fish/Grilled mackerel fillet with rustic potatoes	Chocolate mousse	1.Blueberry muffin/ Fresh milk/ Fruit 2. Cornflakes with yogurt / Fruit
25.07.2025 z.	Warm sandwich with butter, turkey fillet and yellow cheese/ Tea	Nectarine	Country salad with roasted pepper and a slice of cheese/ Milk salad	Turkey noodle soup/ <b>Cream of Brussels sprouts soup/ Croutons</b>	Pork with rice / Chicken meatball burger with coleslaw sauce, iceberg, cheddar / <b>Vegan potato meatball burger with coleslaw sauce, iceberg, cheddar</b>	Watermelon	1.Honey biscuits / fruit yoghurt drink / Fruits 2. Cornflakes with yogurt / Fruit
28.07.2025 z.	Muesli with yogurt and fruit	Apple	Spring salad with avocado, cucumbers and basil/ Greek salad	Rabbit soup / <b>Cream of carrot and cauliflower soup / Croutons</b>	Stewed beef with a side dish of stewed carrots and peas / BDS kebabs with mashed potatoes / <b>Stuffed lean zucchini / yogurt</b>	Fruits	1.Baked cheesecake with strawberries/ 100% fruit juice/ Fruits 2. Cornflakes with yogurt / Fruit
29.07.2025 z.	Banitsa with cheese/Yoghurt drink	Nectarine	Green salad with tuna/ parmesan flakes/ dressing/ tomatoes with cheese	Boiled pork/ Tarator	Rabbit hunter's style/ Cordon bleu with country-style potatoes/ <b>Patatnik with spinach and cream sauce and cheese</b>	Watermelon	1.Sandwich with butter/turkey fillet/cheese/tomato/tea 2. Cornflakes with yogurt / Fruit

30.07.2025 g.	Baked French sandwich with olives/ tea	Melon	Cucumber and radish salad/ Tabbouleh salad	Turkey vegetable soup/ <i>Minestrone</i>	Chicken party leg with cornflakes with a side dish of rice and beans / Meatballs with white sauce / <i>Lenten casserole</i>	Ice cream	1.Pancake with caramel sauce/fruit smoothie with yogurt 2. Cornflakes with yogurt / Fruit
31.07.2025 g.	Fresh milk with cornflakes	Apple	Baby spinach salad, with cherry tomatoes and spring onions/ Cauliflower and sesame salad with lemon sauce	<i>Cream of potato soup/CROUTONS</i>	Fish croquettes with a side dish of stewed vegetables/Penne with white fish	Fruit salad	1.Slice of bread with egg pate/ Iced tea/ Fruit 2. Cornflakes with yogurt / Fruit

Coordinated with LFS Technologist

Prepared by: Nurses